



Confidence, Speed and Silent Seductions

What You'll Learn:

The 4 Core Principles of Any Seduction

Avoid Mental Blanks With Seduction Simplicity

Legitimate Confidence

How to Speed Up Your Seductions

My weird realisation that changed the way men worldwide pickup.

Women, Worldwide, Fast

This year had me travelling the world like crazy. Even though I have the highest ranked videos for real footage of how to pickup women on Youtube and Google it still wasn't enough to convince the sceptics.

From smear campaigns by the big boys who say my videos are fake or that 'my stuff would only work on slutty girls in Australia' I decided that all I have to do is show you how to do this yourself, get you to do it and you will prove, to yourself, that unlike all these sensationalised promises plaguing the internet, that my stuff works faster than anything else....in the world.

Well, it's one thing to say it, it's another to prove it and unlike any other sites you could possibly find I went around the world and FILMED me testing this successfully during my workshops in:

- **France**
- **Switzerland**
- **Spain**
- **Australia**
- **England**
- **Israel (video but no sound, sorry)**
- **Italy**
- **Holland**

And more than I can even list here

And within these countries I FILMED and tested it on the following nationalities:

American, English, Canadian, Chinese, Japanese, Belgium, French, Swiss, Australian, Arab, French and 8 more.

And if you don't believe me here are the screenshots:





- | | |
|--|-----------------------------------|
| 1. South Americans | 5. Seated women during the day |
| 2. Younger women | 6. Kissing women in under 12 mins |
| 3. Women in groups | 7. Europeans |
| 4. Number closing moving targets | 8. Swiss women |
| 9. Belgium woman at night off the street | 10. Asian women |
| 11. Older women | 12. REALLY old women |

I also FILMED and tested it on older women, women in groups, women on the street, women at night on the street, nightclubs and even on a cruise ship. You name it, I've proven it works even if I'm nervous and fuck up consistently (which I do). I still don't get rejected.

Oh...and finally, I'm ethnic. I'm not the blonde surfer that most Australians usually look like. I have dark features, a weird accent, I'm slightly over weight, short, balding and my tongue is actually too big for my mouth so I often find it hard to say things clearly.

If you take anything away from this it should be that you should trust nothing unless you test it yourself. I won't waste your time with hype and marketing crap so don't waste my time by disregarding the lessons you're about to learn. This is for you, for free so you can see for yourself.

THE NEED FOR SIMPLICITY

Your learning from the experience of a guy who's done over 18,000 approaches over 6 years, most of which were rejections. There's a million theories out there by self-accredited gurus, good looking guys, guys isolated to one culture or country or simply just marketers.

I've tested nearly all of them. From the DVD courses, to the audio courses to the books off Amazon to in person workshops and online courses. I tested it all, kept what worked 85% of the time or more and then over the past 6 years I've spent all my spare time simplifying it so you don't have to think too hard when you go and start meeting women.

It's hard enough just to listen and gauge the woman's response let alone think about all these scripts, lines, processes and methods at the same time. It just won't work. Usually when I'm talking to a woman I find it hard enough not thinking about what she'll be like in bed whilst trying to listen to what she's saying and respond appropriately.

Most of my time was spent organising the research and the results and going back through voice and video recordings.

And the hard work paid off. Now I can pickup women without even opening my mouth.

I'm not sitting back just looking cool and 'emitting a great energy' or by dressing well. Sure that stuff can help a little but really I was still just doing the same 4 things, just without talking and you're about to learn how because:

MY 4 PRINCIPLES OF SEDUCTION WORK ALL AROUND THE WORLD

I'll tell you a story.

It will teach you the exact 4 things my course is based on which is bloody stupid because you probably won't buy my stuff now. I'll also brief you on how to pickup women without saying anything so now language isn't a barrier for you either.

HOW SWINE FLU GETS YOU LAID

Earlier this year I went over to Japan to do some workshops in Tokyo and Kyoto. It was an incredible trip but when I got off the plane I forgot the first rule of seduction: You have to approach women to get women.

It wasn't that I was anxious or nervous. It was that unlike all my other international workshops in countries where most people still spoke English. In Japan, no one spoke English. The student I was with was Jung, a 33 year old management consultant who engaged me for a four week international workshop where country-hopped to hone his skills in the countries of his choice.

Most of his work was in Tokyo so we decided to stay a week there to train and at \$18,000 for the 4 weeks I wanted to leave no doubt in his mind that it was money well spent.

But, how can I pickup, how can he pickup? We don't speak Japanese...I fucked up.

I realised all of this as we were landing at Tokyo's Narita Airport. I thought I could buy myself some time and pickup some tourists in the airport to show him how 'awesome' I am. But that solution wouldn't last long.

So I told him.

"Jung, I fucked up man, we don't speak Japanese. I think we just flew here for nothing or we should stay in a hostel and pickup tourists instead."

Jung wasn't happy but he agreed and I felt like shit telling him 'how I can pickup women anywhere' and how 'im the fastest ladies man in the world blah blah blah'. I felt terrible and Jung looked at me like a God. Like everything I said were drops of genius he needed to scribble down on the yellow notepad he always had handy.

Everyone was really polite and reserved in Japan. No men approached women and strangers rarely even interacted with each other at all. Even asking for directions got girls jumping just from me saying 'su mi ma sen (excuse me)'. No one spoke on the trains or buses and people were so reserved that even mobile phones were forbidden to ring or be answered on trains (there were signs).

OK – three things to consider here:

1. Didn't speak the language and I can only pick up women by talking to them.
2. Highly reserved people and very high levels of collectivism (as per Geert Hofstede's cultural indicators) which basically meant people conformed to how society told them to act, people were shy, silent and highly appropriate. I was none of these.
3. I potentially just wasted \$5,000 of my client's money because I didn't think.

That was the problem. I didn't think. So what should I do? Well...I SHOULD think now then shouldn't I?

But about what?

I had no idea but I excused myself to the airport bathroom and sat down on the toilet.

Counter intuitiveness, playfulness, indifference, push/pull.

Counter intuitiveness, playfulness, indifference, push/pull.

I repeated my four key principles of seduction over and over in my head.

Repeating them but not actually thinking of how to apply them.

I just said them in my head as if they will magically solve something.

My problem was that I didn't think...and I'm still not thinking. I need to think not just about the principles but how to apply them here and now. Here's what happened:

The 4 Principles Explained

Counter intuitiveness: Firstly, I asked myself - What do most people do here when they approach others? Well, they don't approach at all. It's inappropriate and if I as directly as I usually do I will just look like another dumb tourist not respecting the culture and talking to someone who's just being polite even though she doesn't understand me.

As people don't approach each other the fact that I approach, regardless of how I do it, will be enough to be counter intuitive. I was doing something no other guys there did.

There's more to picking up a woman than what you say. It's also how you say it and how you act.

It was never the lines and techniques which were the best part of this, it was the 4 principles that they all grew from. In this context I actually couldn't talk even if I wanted so I applied these 4 things to my situation.

Playfulness: Luckily one of the four core principles is purely about delivery and your non verbal skills. It's one thing to sound like a confident guy, it's another to be respected as one. Playfulness is not just delivery, it's about flirting and safely provoking people. I would smile a lot so people didn't take my teasing of them to heart. I would mock people and make fun of anything just to get a laugh, all with the goal of getting women to open up.

Indifference: Then I thought about indifference. How could I show people that I want them but I don't need them, when I can't talk.

I thought back to an old workshop I taught on body language and how the attractive guy is counter intuitive and does the opposite (within reason) of what the natural man does. The natural man leans in, talks fast, doesn't touch, is nervous so he's usually pretty serious and rarely gesticulates.

The natural man isn't playful. I, on the other hand know that just by using my tongue I can get a girl to be attracted to me and I don't even have to talk or force myself onto her face and pash her after she's had too many Asahi's.

Indifference never came easily to me. I was always very honest and direct when I picked up women. The bluntness was often a refreshing change but it was always obvious that I wanted them more than they wanted me.

That all changed once I started doing at least 3 approaches a day.

It kept me complacent with breaking social norms and rejection. It also forced me not to get lazy and to consistently get laid so my confidence rarely slipped. I was now convinced I could pickup and that rejection isn't so bad.

I truly knew, deep down, that what I'm doing is reasonable. It's fun and it taught me that people who often react badly to me initially are rarely cool and confident girls and that I need to stop wasting hours on girls that, once I succeed with them, turn out not to be worth the effort.

All these things truly meant I did not give a fuck what you said to me because I've done it before and I have my four principles that have never let me down over the 3 young years I've been using them.

Keep in mind, I'm thinking all this whilst still in the Airport toilet.

Pushing and Pulling: Push someone away too much and they'll hate you, pull someone in too much and they'll feel suffocated you. Traditionally this is ALL verbal. I prefer to call push/pull by it's practical name: teasing / complimenting. I only ever did this verbally and I couldn't remember how to do it with my body language. But that's OK, I'll just re-make my own solutions. All I needed to do was jump into a set and use these 4 things when I feel I can apply them.

I walked out of the bathroom 5 minutes later and told Jung that the airplane food tasted worse than a stripper's high heels and my stomach needed to make love to a toilet. He just looked at me kind of shocked and didn't know if he should write that down.

The last thing I was going to tell him was "You've just dropped \$18,000 on a guy who's taking 5 minutes in a public toilet to figure out what we're going to do this week!"

How to Pickup Without Words:

'Do you think she's cute?' I asked Jung pointing at a young Japanese woman dressed in a tartan skirt, white shirt and tie as she was going through customs.

"Oh my god, it's just like something out of a Gwen Stefani video clip" I thought to myself as I contemplated whether I had time to flip my penis up under my belt so I don't look obviously aroused. The myths were true, Japanese school girls. Hot and probably illegal in most countries for a variety of reasons (because after all women should really be covered at all times, escorted by her husband and praying at least 5 times a day).

'What do you think?' Jung retorted. I just looked at him unimpressed that he couldn't give me an answer. He was waiting for me to tell him if he should be attracted to her. Crazy. The workshop was only just starting but Jung needed to stand on his own two feet, assert his own will and have his own views without just being a guru-lackey.

Sometimes I wish I could just go out and pickup women with my clients just like I do with my friends. But I was the same as Jung, but for 2 years when I was starting out. I revered some gurus but I was inevitably let down by them and hardened because of it. I am lawyer, I am meant to be sceptical and that gave me confidence as I knew it was hard to fool into believing in words that just sounded good but had no practical value.

In other words. Anything you told me that I couldn't take and instantly implement and use effectively in the real world was just a waste of my time. You may be thinking that right now reading this long-winded story but please, press on. This is more than me bragging.

At that time swine flu hit Asia hard. There were temperature scans at customs and questionnaires to answer. The cute girl walked through the Custom's scans, as did I, and into the rest of the airport.

I stopped her by placing my arm softly on her shoulder's side and said the only Japanese I knew 'su mi masen' (excuse me). She was a little startled stopped and looked at me oddly.

As she turned around and looked at me I dramatically put up my hands as if to mime 'STOP STOP STOP'. She gestured back with her hands out and with her palms up she shrugged as if to say 'yeh? What's up?'

I put on a really serious concerned expression and placed my hand slowly on to her forehead then back onto mine. I then put my hand over my mouth as if I was shocked and then pointed to her whilst taking my other hand and pulling up my nose so I looked like a pig.

I was making fun of the temperature testing for Swine flu. I was making out like she had it by playfully communicating she had it. All of which was done silently.

She got it. She laughed. And then it began.

I approached in a way no other guy ever would and with skills most guys would never know. I used the first core principle: I was **counter intuitive**. Then I was **playful**, simply by using my hands once and my facial expressions in an exaggerated way to appear comical. I wasn't indifferent though and I hadn't pushed and pulled.

I pointed to myself and said 'JONATHAN', she did the same and said 'Yumi'. I got out my phone, typed in Yumi and used my old-school number close routine. She went to take it to put her number in but as she took hold of it I kept holding on. Now we were tugging on the phone because I wouldn't let go of it. This was my push, I was teasing her playfully. I made her work to give me her number but in a nice way without being disrespectful. After all, she was nice with me so I will return the favour. Later I'll show you what happens when someone isn't nice to me.

She laughed and I then I truly handed her the phone for her number. She put it in, I took it back and I gave her a big smile and a hug despite not knowing how I'd ever be able to call her. Later when we met up in a suburb called Harijuku, I took a photo of where to meet, put the time in there and that's how we met up for the next 3 days.

But all of that wouldn't have happened if I didn't use the fourth principle, **indifference**.

She handed me the phone back and I needed to play down the number (how I show indifference in my fast number closing routine). I looked at my phone and wiped it on my pants in an exaggerated way to show her that I was playfully cleaning it because she had swine flu. But that joke wasn't still fresh in her mind.

She didn't get it. So I just tried again.

I held out the phone as if it stunk and pulled my nose up again with my other hand to insinuate the phone had Swine flu now that she's touched it. I then made out like I was going to throw it. She laughed and my job was done. I walked away and decided that one wasn't enough. After all, Jung just stood there and my job is to get him laid. Time not to be selfish.

Jung understood what I did. He already knew the four core principles as I taught them to him on the plane. He just needed practice applying them so he didn't blank out during his interactions. Right now they were just pure theory for him and this was his first taste of how they practically can be applied.

But he just got it. He saw the playfulness (the piggy nose), the indifference (the swine flu joke), the push (phone tug), the pull (the number) and the counter intuitiveness (the approach and the other 3 core principles also were counter intuitive in themselves).

I expect him to jump on me telling me how amazing I was, how I'm the best pickup artist he's ever seen and how he would do anything to learn more. But no. All it took was him seeing me do it to realise that I'm nothing special, I'm just a guy who knows how to use four simple things. Anyone can do it and it no longer made me special. This is the moment when he went from being the short Asian geek who looked at balance sheets all day into a man who never had to worry about women again.

What I did spoke for itself and in total silence we both proceeded to the baggage claim area. Jung then looked over and caught another woman's eye as she was waiting for her baggage and as he smiled he walked up to her and helped her take her bag off the carousel. As he did he made a variety of constipated noises and made out like her tiny travel bag weighed a tonne (playful, counter intuitive). She laughed as he pretended to walk away and give up because it was too heavy (indifference).

He introduced himself by pointing to his chest and saying "JUNG", she did the same and that's how Jung planted the seeds for getting laid with Miko. He typed her name into his phone (pull) and then looked her up and down as if he was reconsidering getting her number (push). He did this all in a funny way – she could see he was only playing around. I could see he was about to get laid. He got the number, she went back to her friends and this is how Jung commenced the best week of his life.

As he walked back we now had a good 4 girls looking at us like 'who the fuck are these guys'. They were looking at us but when I looked back they just looked away.

It was on like Donkey Kong mother fucker and I wish I had a camera which was packed in my suitcase. I didn't care. I have many videos inside the Seduce In Seconds course that would make this pickup look like child's play.

Mass Seductions: 4 birds with one bone

What happened next got me laid every night for the next week.

All I had to do was be really confident and just be funny.....

Fuck.That.

[That, was a trick. I will NEVER tell you just to be confident or just be funny. There will always be a tested psychological reason to why I do something and that 'something' is only legitimate if it can be taught and used effectively with consistent results. By the end of this document you won't fall for that shit again.]

Here's how I REALLY got laid every night for the next week. This may sound cool and have gotten you excited when you read it but really it's as simple as shampoo. Wash, rinse, repeat.

What I did with the Swine Flu chick worked.

What Jung did at the baggage carousel worked.

Why would change what we were doing unless there was something else that could pickup women even faster and with even less effort?

Well, with the aid of social proof (an added psychological extra) we could do this faster and we decided we should postpone our train to our hotel and just stay in the airport for a little while. That was the best decision we made.

Social proof, in short, is a psychological explanation of why all humans are just like sheep. If others approve then most likely you will too as the social pressure will convince you not only to accept it but to pursue it. When I say 'it' I mean anything from a Von Dutch Trucker Cap to a celebrity to a glass of chocolate milk. In otherwords, it's one of the primary foundations of advertising and marketing and that's exactly where the roots of many semi-effective pickup strategies originated from.

The girl Jung picked up had gone. It would be impolite and disrespectful to pursue other women in front of her. Right now we had 4 girls who saw what happened and were so shocked by how random it was they couldn't help but become intrigued by us.

They were staring at us so I turned around and once again applied the 4 principles of seduction. Jung wasn't ready for a group pickup...particularly without words. I told him to let his bag go around another time because by then, I would be done.

I needed to start an interaction. Most guys say hello but I don't speak the language. I could wave 'hello' but waving is not counter intuitive. It's different but that's generally done when you know someone and I don't want to give people any wrong impressions as to what I'm doing. What you see is what you get, that way I'm not pretending to be anything I'm not so I don't risk building mistrust by saying one thing and then seeming like another.

We all know these guys. Guys who use lines or rely heavily on techniques only to regurgitate them in a way that THEY feel is confident but really everyone can see they're just a shy guy who's stuttering out a line because he only has faith in his material, his guru and not himself.

Why will he fail?

Because really confident guys don't act like that and people can see right through it. Simple.

If you're shy then use it to your advantage. Tell them when you approach 'This is really weird for me because I never just go and stop strangers and tell them they're cute'. Done. Honest, no lines, no thinking but it's counter intuitive.... so it works.

So, I'm at this baggage claim carousel. 4 girls are now looking at after they saw us approach by doing things that a 6 year old could learn. So now I was feeling really cocky because the validation of having these 4 girls look at us like celebrities just gave me even more confidence. All 'real seduction professionals' will say I should always be that confident but later down I'll explain to you why that's bullshit.

I digress...again. Back to the Japanese women.

I looked at them and I did something that later ended up baffling every natural lady's man, seduction guru and student for the next year. I picked them up simply by using my tongue....from 2 meters away.

I stuck out my tongue at them.

That's it. That was my opener. No words, just a tongue, a funny face and a little bit of balls which *came* later (get it?).

The girls laughed and my cheekiness and it broke the ice. I approached easily having them already attracted to me and closed them by the time Jung's bag came back around using a few little tricks I've picked up over the years in how to apply the 4 principles. It worked because:

1. I was counter intuitive which, for the woman, meant I differentiated myself from all other guys. I showed I was special, that I stand out.
2. I was playful which showed I didn't take things too seriously which made me more approachable. This also showed I was indifferent and didn't care about how people usually go about things which demonstrated that I was confident and consequently attractive.
3. I approached. Something guys the world over rarely do outside of bars and clubs.
4. The opener had push/pull. The push was that I made a face and stuck out my tongue (as if I was displeased at them looking at me) but I did it playfully, in a counter intuitive way and then I approached in a nice friendly way which was the 'pull'.

The Average Man and The God

You may be asking yourself how on earth did I plan all that (in the recount above) concurrently whilst approaching and talking to the group of girls.

Well, I didn't.

All I did was use it effectively twice and I got the hang of it as did Jung. For Jung, it took a little more. He needed faith and seeing it up close and personal was enough for him to jump in head first. You may not be able to afford me to show you in person, so I've filmed it instead.

Now it's just like riding a bike for Jung. He doesn't need to think about pushing the pedals, keeping balance and he especially doesn't think that I'll be falling over. Those things don't occur to me anymore. All I'm thinking about is how I can do tricks, stunts and jumps with it. My bike is now more than a way to get me from A to B. I can have fun with it too and my 4 principles allow you to do the same with women.

But let me give you another figurative explanation to make sure you REALLY get it. It's easier to understand that pushing a car's accelerator moves it forward than to understand why it moves forward.

The average man will tell you it moves forward because the car's engine is getting more fuel.

The professional mechanic will tell you that the cars moving forward because of an interworking of thousands of bits of technology built upon past technology which has consistently been bettered over the past 100 years.

The designers and engineering teams, unlike the professional mechanic, know what new technology is needed and try to make it effectively.

But the genius. The Guru. The God. He'll take that car engine and show you how to make it fly.

Sound crazy?

Rolls Royce has been doing it since the 1930s. You can thank them for contributing to nearly every flight you've had. Today it's just a jet engine. Back before the Wright Brothers it was impossible.

In this report I wanted to explain the 'bits of technology' to you so you understand why something is done and why it works.

So in the opener alone I applied the four principles not by thinking about how to apply them, just by doing it because I just felt it would be the right thing to do and so did Jung.

When I was starting out I would have looked at my and Jung's approaches as 'natural talent'. My brain was always blank, I simply could not think of spontaneous and attractive things to do like other pickup artists or natural ladies men. I went on for years barely approaching women and just parroting out techniques other guys used successfully or told me they used successfully. They didn't tell me why it worked because most of the time it was just luck, accidental or they couldn't replicate it. To put it simply, you can't learn like that.

I film my stuff so you can see what I'm saying works. People say my videos are fake, which to me is ridiculous because I rarely edit them (unless it will help with your learning) and you can see me fuck up in them consistently but still score. The filming is often very amateur, the sound sometimes cuts out and I'm too tight to pay actors.

Hell, look at my site, does it look like I spend money on graphic designers and shit I don't need?

I love taking workshops, the only reason I have an online course is because it just produces a better type of playboy than workshops for cheaper. In Jung's workshop he learnt quickly because he didn't need to hear what I was saying when I approached a girl. He couldn't stand next to me as I did, that would be weird, but as I couldn't speak Japanese all he had to do was watch my gestures and body language to understand it play by play.

All more typical workshops revolve around what I say and unless you're standing next to me (which isn't always helpful or appropriate), it's actually impossible to get any value from the most important part: the demonstrations.

Most workshops are just a \$3,500 eBook read out to you with demonstrations. The eBook you can get for \$30 and then the demonstrations REALLY are not worth \$3,470. And I don't care what they tell you when they say you'll learn A-Z and do all these crazy things. I've taught over 400 workshops for 8 different seduction companies and it's just an expensive and ineffective way to learn.

Seduction Genius

You don't have to be the mechanic, the engineer or the genius. My aim for you is to have all their talents, without having to spend your life figuring it all out. All you need is to be taught to continue being you. Continue to drive the car and enjoy the simplicity of just having to push an accelerator, a break, turn the wheel and start the ignition. 4 Things and you can drive a car.

I've given you 4 things to do too which I think are easier than driving a car and more worthwhile. Learning to drive a car does not mean you will understand how a Rolls Royce jet engine works.

Learning the 4 principles of seduction properly wont either but it will teach you 2 things: how to do things with little thought or effort and, when you need to, how to tap into that understanding like I did in the story above and make your own genius solutions when needed. It's not just to solve problems, just do it if you're bored.

Often I sit around thinking how far I can push these four things and how, with the understanding I'm imparting to you, I get more women than I could ever, ever need. So many that very quickly you stop caring about that problem in your life. It's like if you were in the desert and the water in a cactus is enough to keep you going but it's STILL not water.

BOOM. You get back to civilisation, there's taps everywhere and you never thinking about finding water ever again. Now you only care about all the crazy shit you can do with it when you're bored....like spray your sister's friend's T-shirts, waterslides and putting people's hand in it whilst they're sleeping so they'll pee the bed.

That's what you will be like with women. You'll have women, but you won't care. You'll just see how you can have fun with them using your newfound skills. You're not just wanting a good conversation, a number or sex. You want to see if you can pickup someone in an elevator in under a minute, kiss a girl you meet at the beach in under 15 minutes or just go on a date with that girl you see over there, instantly.

If you read something by yourself in a calm environment you will remember it more than if you listened to it being read to you for 4 hours at a workshop or seminar.

If a guy tells you he'll show you how to pickup a woman and kiss her and leaves you sitting there watching him talk to her from afar and then he kisses her, what have you really learnt?

He'll come back and TELL you about it just like I TOLD you about Jung here but you don't really know how it went down. You can't really tell if she was "so fucking into me that I couldn't boned her over the bar whilst I high-fiving the barman".

You need hidden camera videos, hidden microphones and a guy who's willing to go out and film this shit for you until he gets girls nice enough to sign a waiver afterwards. If I get a really good video and the girl doesn't want to sign it I'll offer her \$200 so you can get the benefit of not having that clip go down the drain. Yes, I have paid some women to be in my videos but they were never actresses regardless of what the haters say. I've challenged every critic to come watch me do it, no one steps up. Big men, behind little computers selling you more problems than solutions.

No Excuses

How could I ever have doubted my 4 principles of seduction? They've stood the test of time, the test of culture...and everything else you can think of. There is yet to be a situation they haven't worked.

This was a MASSIVE ego trip for me and once again I started to feel like the awesome 'guru' basking in the praise of his disciple. Little did he know that 10 minutes earlier I was in the toilet sweating about wasting this guys money and having him loose his faith in me. Unfortunately the more I acted like a mysterious guru the more he'd buy off me and the better result's he'd get because his faith just grew as did his confidence.

Really I was just a guy who did this stuff as a night job whilst working in a cubicle reviewing contracts all day. Only once a year did I ever have the time, back then, to take 4 weeks for a full time day and night workshop. Jung booked it 2 years in advance and the only way I could satisfy his own expectations that he had built up in his mind was by showing him he was getting a 'seduction God' not a guy in a cubicle who can do some cool shit when he wants to.

It gave him faith in my shit and reduced his apprehension when it came to approaching girls. Even though this helped him pickup, it didn't help him in the long term. He was destined to never think for himself, create his own solutions and simply sit back and just be spoon fed by me.

I could sell more workshops to this guy than a priest could sell his finger to a small child. But both are wrong. Both are taking advantage of the innocent and in the long term it will just fuck them up.

Simplicity

Don was a student of mine 3 years ago. He was 26 and worth close to \$60 million off writing software for gambling sites and Foreign Exchange markets. He was a very smart guy and at that time I asked him how I could cheaply provide my services effectively via the internet.

He said he didn't know but he did tell me this:

“Talent hits a target no one else can hit; Genius hits a target no one else can see.”

That was Don's approach to life and business and it made me proud that a guy like that was my student.

He changed me.

Instead of stacking technique upon technique, line upon line, workshop upon workshop I realised simplicity is a rarity when it comes to learning how to pickup women.

There's only two essential things I realised need to happen:

- 1) It has to be taught in a simple way that answers all possible problems
- 2) It must be taught in a simple way so guys understand NOT to make it more complicated than it really is.

You've already heard how I changed how I learnt but I didn't change how I taught. Ultimately I was taught by other 'pickup gurus' how to teach but little did I know that there was a fine line between teaching and selling.

“You need to use X, Y and Z to be able to get laid with a girl.”

That was the opening I used to spew to guys who would come to this 'Free' \$35 seminar (we said the \$35 was for 'room hire') for a pickup company I worked for as a freelance coach. What that means was that I was a contractor – I know all the methods and when dating coaches, seduction gurus and pickup artists needed extra help, I'd step in and teach their shit.

Of the 6 companies I had worked for (and others I contracted for) the goal was to:

- 1) Write out good ideas, concepts and theories
- 2) Explain them in a logical way so they sound valid and real
- 3) Give them cool words to excite guys like the “annihilator” or “the fantasion” (one of my techniques still in my course).
- 4) Make it into a DVD / Workshop with the 'Guru's' approval
- 5) Convince our students that this new theory etc is the next best thing to learn
- 6) Keep them 'learning' indefinitely and paying you \$

Not all they taught was bad, in fact most was pretty good despite my criticisms. The problem is you simply can't remember 100 things from a DVD, 100 things from a workshop, 100 things from your buddies and then 1000 things from internet forums and blogs.

Why would you really want to remember them unless they were tested vigorously anyhow? And is the testing process transparent? In other words, did they really test it or just say they did without backing it up with videos and stats.

In reality you can only remember and do about 4-10 things at once in your brain. Once you learn these things you can then add more of them to your repertoire but at one given point in time you need to focus on only a few things until they sink in and just become automatic.

But simplicity is the key. I do teach a whole lot of things to do with how to sexually escalate situations with special touching techniques, body language tricks, conversational techniques, rapport building tools and about 280 other things. All of which are not meant to be memorised.

YOU CAN'T RETAIN ALL THAT.

It is there for one reason:

To show you the different ways you can apply these 4 core principles to a range of situations.

It's one thing to learn something simple but it's another to learn something simple, simply.

Confused? I hope not, then I'm just a big hypercrit.

Developing Your Confidence

For years people told me “You need confidence”. “Just be more confident Jonathan, women love confidence and a funny guy”.

Wrong.

Why?

Firstly telling me to be confident won't just 'make me confident'. If it was that easy then that one line would be the first thing they teach you in school. The first thing I learnt in school was how to get good pornography on 3 ½ Floppy Disks. Why? Because it gave me satisfaction – I'd get it, I'd watch it, I'd feel good and later I'd want to feel good again.

This is validation seeking behaviour, as most people like to call it. This basically means I rely on things OUTSIDE of myself to feel good as opposed to just feeling good all the time regardless of externalities.

Validation seeking behaviour was something my pickup coaches told me during every workshop I paid for (and I did 17).

It's really really hard to do well when people tell you things in a confident and logical way and then use other guys 'who've really done it' to support the fact that you're just doing it wrong and it really does work once you get it.

It is not your fault if you've tried everything under the sun and it hasn't worked. The key to developing confidence is very simple and I'll tell you after you read this story of me at 18 years old after I decided to pay for my last workshop ever before I did my own thing.

This is a conversation between me and a guy called Eric who's a lovely guy, who's a lot of fun but whose shit only kind of worked. I say 'kind of' worked because a lot of it sounded cool enough to give you faith that it's some super powerful technique. Based on that faith you would feel more confident going out and using it and often you would get results because you believe SO strongly that it will work.

Later the placebo wears off, your confidence dissipates and you're left to rely solely on the techniques you've learnt but...you no longer get results? Why?

Validation.

Placebos

You're in a workshop surrounded by a group of guys who are getting 'psyched up' by the instructors. You feel awesome, you feel protected, fuck rejection, and I'm the shit. That's how it goes before you go out, actually pickup girls and then 6 weeks later all the hype has worn off and you're shit again.

At Seduce in Seconds our course will teach you how to meet and get physical with women. From meeting to fucking and nothing more. It's simple, you need only to understand 4 things which will serve you well in all situations for the rest of your life. Don't buy another course again on that topic.

It's constantly updated, you have lifetime access and I personally will answer your questions and help you on our VIP forum. On the flip side, this is what I got when I did my last 'Be better with women' type boot camp:

Me: "I feel like shit Eric, I've been rejected 7 times now. What am I doing wrong?"

Eric: "Firstly don't feel like shit. That's 'low value' behaviour. You will do well once you live the Alpha Male lifestyle and start being a confident guy inside, then it will show outside"

Me: "But hang on, when I signed up for this cause you said you would give me confidence and now you tell me it's a pre-requisite."

Eric: "I'm sorry I don't think your mind is open to being better with women"

Me: "Right....it is open, I love your stuff and I'm honoured just to meet you Eric it's my dream come true. But I feel like shit, I want your support. You're more than happy to boost me up when I do what you say it and it actually works. Then it's OK to be happy even though its external validation, something you say is evil. All this time you've done one approach but it took ages and I didn't even see anything beneficial other than you talking to her"

Eric: "Listen buddy, I don't need to prove myself to you. I've already done some approaches. Don't you know it takes 7-10 hours to start getting physical with a woman otherwise you will get an ASD (Anti-Slut Defence)".

Me: "When I pay you \$3,500 you do need to prove yourself to me. All I saw was you talking to a woman, when I listened in on Toni over there he was just asking her where's good to eat, no sexy talk or anything. And 7-10 hours? There's a fat redneck over there that's drunk as fuck and is making out with a chick he started talking to 20 minutes ago and now they're leaving together".

Eric: "But he's not consistent with his pickups. He's a natural Alpha male, they don't know what they do right or wrong."

Me: "Yes that's true but at least he does pick up. So far all most of us have done is stand around looking like a pack of hungry wolves TALKING about approaching, sometimes doing it and then have guys think that anyone who actually gets over their approach anxiety and has the balls to walk up to a girl is a good pickup artist. In reality a lot of them are just in this 'denial' that they're awesome and it convinces them that they never get rejected because they are THE PRIZE. And all the other guys who can't approach because they're nervous that will deliver a line wrong or won't remember step 20 out of 500 just revere any guy who approaches, not any guy who actually scores."

Eric: "That's why I told them to do our approach anxiety workshop first, then our beginners workshop instead of jumping straight in to a Black Ops Masterclass Bootcamp"

Me: "But you told me after this workshop I'll pickup women or get my money back"

Eric: "You *have* picked up women. Look at how many approaches you've done. You've really done well getting over your approach anxiety."

Me: "No, I've approached women whilst being shit scared and then I don't know what to say, it gets awkward and I bail out. Picking up women means numbers, dates, kissing, sex and maybe a cheeky blowjob in the bathroom whilst I pretend to be talking on the phone to disguise the strange sucking noise coming from the cubicle."

Eric: "...You're a funny guy. Women love that. I'm sorry I need to attend to the other 6 students. They also paid \$3,500 and I can't spend all their time on you. We can do 1 on 1 session if you like; they will help you with all these issues".

Me: "Dude this is my 17th workshop over the past 2 years. I'm broke, I'm only 18 and each workshop helps and I learn great awesome shit and the chicks at work like me more now but I still can't just walk down the street and get me some beaver if I feel like it".

Eric: "Look it takes time man, it doesn't happen overnight".

Me: "Well it's meant to take 3 days on a workshop. I want my money back"

Eric: "Sure thing, if you read our returns policy you need to complete 4 forms about why you want your money back and send us a video of you trying our stuff showing us it doesn't work for you"

Me: "How bout I show you right now that I can't pickup and that be proof enough"

Eric: "No that's not how we work"

Me: "Well that's how I work cunt and in a few years I'll be a mother fucking lawyer and sue you for breach of contract, misleading and deceptive advertising and not having a product fit for the purpose specified."

Eric: "...Ok, bye"

Consistent Confidence

I'm not a psychologist and I'm not a mental health professional. I'm trained as a lawyer and as an accountant, picking up women is just a passion on the side.

My hobby is psychology and most people in my family are psychologists and none of them know what they're doing. I've seen psychologists about my lack of confidence, my problems with women and I end up just getting sadder.

I get too inside my head. "Yes, that's my problem. I don't go out enough and always just feel like staying home because night clubs make me feel deeply inferior. The more I go out the better I'll feel". This is what 15 sessions at \$350 dollars 'unearthed' for me when I hit 18."

Round and round we went firstly finding my problems and then trying to figure out why I have them. The inferiority complex, the bouts of depression, the burning jealousy, why I was so angry and how I turned my frustration inwards which then made me depressed etc"

It was all really simple:

Pussy.

I got some pussy. I felt better.

A superficial fix? Hell yes. Do I feel totally confident now? Yes.

You need to realise that food, sex and shelter are the undisputed essential needs of all humans. I learnt this early on during my Business degree when I studied the works of a guy called Maslow.

All my issues stemmed from that missing element and not having it in abundance. Which, ultimately means I'm getting my happiness not from inside myself but from whatever results I achieved in the real world. I'm not saying you can't be happy internally and happy with yourself. That's very important and that's another kettle of fish.

All these guys who preach 'inner game' and 'inner confidence' and 'non validation seeking behaviour' all still want sex. They all still try to pickup, they all still have jobs which piss them off at times, they all have ex girlfriends that drive them crazy and they all need external fucking validation.

You will become confidence not by mastering external validation but simply being conscious of the fact that it exists and it will affect you will help your confidence.

"I feel like shit," you say to yourself when a hot girl sits next to you on the bus and you stiffen up in an attempt to look cool and indifferent. Really just you're shit scared because you know rejection is only a second away once you open your mouth.

Know this about yourself and all human beings. We gravitate towards what makes us feel good. You will get rejected at times and you will feel like shit when it happens if you don't understand your need for validation.

Once you are aware of this you can use this to your advantage to help quell your nerves and to help you persist when you feel like you're up against the wall. Inside in our course we get more specific as how to do this practically.

The Confidence Cure

This is one of the core parts of a course on confidence and relationships that I've been working on over the past few years. This is one of the only areas we've tested yet so I'll let you read it but don't send me emails for more information because I won't tell you anything that hasn't shown consistent results.

Most of us think that approaching women and picking them up in the direct way that I do, is inappropriate.

Why do they think that?

Because we, as men, forget that there is a MASSIVE double standard out there as to what men can do and what women can do.

Women hate having to be the pursuer, they want to be lead and they want a man to be just that, masculine. Yet some women, when you approach them, date them or just put your sausage through them every now and then, think that they can get away with telling you what to do or telling you how to act.

One example is that you approach a woman and by the time you even say 'Hi' she already is looking at you like you're a piece of poo she accidentally just farted out (to put it politely). All it takes is one "Yeh, not interested" said by a woman you've walked up to who gives you totally unwarranted attitude. You excuse yourself for interrupting, feel rejected and don't approach for the next week.

Though when a woman comes up to me and says "Hey, what's your name", even if I'm not attracted to her, I'm still polite and gracious that she's made the effort to get past her nerves and come say hi. That's reasonable. Even when women come up to me and outright say "My friend and I over there want you to come over, Amelia really likes you and wants to fuck". "Thank you but I'm currently taken but I'm happy to meet you both regardless" would be my response.

Many women would not respond like that. They've been approached by many guys and they are not bothered to deal with you so they'll be rude to get rid of you quickly. This is why you need to approach better but it doesn't mean they still won't pull a variety of other bullshit moves like withholding sex because you didn't call yesterday.

You always need to stop and ask yourself:

- 1) If SHE said / did that to me, how would I react?
- 2) Considering 1, is it reasonable that she acts this way?

Often you'll see the answer is NO and guys either let it fly because they don't have the strength to put their foot down and assert their standards.

You: "Hey I thought you were cute, wanted to say hey"

Her: "Yeh keep moving buddy"

Here you can explain yourself and say how she's acting unreasonably but that would be wrong. Don't waste your time with someone like that because even though you CAN persist and still pick her up you may end up dealing with that kind of attitude well into your future relationship which is not cool.

The really confident man knows he's picked up many times before and that this one woman is just not worth the effort because he knows there's easier and nicer around.

Usually I like to tell them not to take their insecurity out on me for the fact that they can't take a compliment or they're simply just rude and unreasonable. I don't like to get walked over but I also don't stand there and just willing take peoples' shit.

You: "Well it's good to see you're confident enough to take a compliment"

...is something I would say before I left. It's still polite, I'm not angry, I simply just don't care what she says but I do have common standards of what I will and will not accept and if someone crosses the line they will know it right away.

Ironically this is exactly what keeps them crawling back after they've been bitchy to you.

Her: "Fuck you, I can take a compliment. What's your name anyhow?"

You: "Yeh keep moving buddy"

Her: "What!? How dare you to tell me to keep moving"

You: "I learnt from the best ;)"

Her: "Very funny, so what's your name?"

You: "Why the fuck should I give you my name after you give me attitude when I'm coming up and complimenting you. Fuck off".

That's how I'd handle that situation. And you know what, with girls like that you need to fight back if you want to get laid. You need to be the man, not them. But you're not fighting back. You're just being reasonable and deriving confidence from knowing what you're doing is totally acceptable because if YOU spoke to HER like that much worse would happen and that's not fair.

Most guys are shocked at how I speak to women. Most women are shocked too but I'm always calm and I'm always reasonable (in my mind at least) when I assert my standards. This will give you confidence. Don't talk to me like that, because if I spoke to you like that I would expect all hell to break loose, so I now refuse to pander to double standards.

I've picked up so many thousands of women over the years I know exactly what they're going to say and what I need to do. It's just automatic now with the 4 principles of seduction. Here's an example of me answering girls who try to pick me up like a really hot pretentious woman would answer me.

Her: "Hey, my friends and I saw you from over there and I thought you were really hot"

Me: *Greasy look as if to say how dare you think I'm that easy* I'm sorry, do I know you?

Her: Um...no

Me: *turns around back to the bar*

Her: Hey, I'm fucking talking to you, you don't have to be a cock about it.

Me: Get the fuck away from me can't you see I'm with my friends?

Her: I have never, ever in my life met such a rude person. Fuck you.

Me: Yeh whatever, tell your friend to come over herself if she's so hot for me.

Her: No way I don't want any of my friends talking to such a dickhead.

That's a real life example which basically summarises the 50 times I tried this out. She was being perfectly reasonable but she lost control, she got angry when asserting her standards.

All the responses I gave are some of the classics I get thrown at me on a regular basis by women I approach. I end up fucking them because I DONT let them get away with it. I show them I'm a real man with real standards who doesn't need to take shit from you just because I'm attracted to you. Her looks don't matter to me even though I really would love to have sex with her but I stop myself from succumbing to what my penis wants and start thinking to myself "If I said that to her, what response would I get?".

Your penis will tell you to give in and wear the woman's shit because if you don't put up with it she'll tell you to get lost and you won't get laid. That's wrong. This is just a test she's pulling, consciously or not, and where all other men fail by getting defensive or just quietly disappearing you will do something different.

You won't react like you'd expect a regular woman too because they often act incorrectly. We've ascertained this. They think that they're the woman, they have the power and hold the keys to the sex-car you so badly want to ride in. This gives them attitude along with a few other things discussed in the course such as environment, history and their culture / sub-culture.

All you need to remember, without going into the psychological details, is that you need to always ask yourself 'Is that reasonable for her to act like that?' This will stop you from being walked over, feeling like shit, affecting your external validation and will build your confidence faster than anything else around.

Why?

Because it gives you faith in yourself and in what you're doing and how you're acting. Guys are always 'unsure' of what to do and if the woman is hot and / or confident enough they usually will just take what they throw at them.

The women don't lose respect for you (because they have none to begin with, because you're just another stranger) but more importantly they don't instantly see that you deserve respect. That you demand it but you do it in a calm, controlled and logical way that shows you're confident enough not to get defensive. In reality this is the biggest thing you can do to master "Indifference".

Out of all the cases and legislation I've researched 'reasonableness' was the one thing that kept popping up. It was the one provision in nearly every law that ensures the law stays valid and in touch with society's expectations. 'Reasonableness' is for a judge and / or jury to consider and it's the foundation of how the law keeps us in line all over the world. It's not reasonable to kill someone who stared at you in the street – so you go to jail.

Modern society is built on that concept, that's how we don't have troubles with the law despite not knowing the law. The problem is that we forget to learn off the world's history and the law's history (I'm sorry I'm getting very lawyerish here) and don't adopt its most important lesson to interacting with each-other. We think about it for murder, personal injury and public urination but us as men consistently let it slip our minds when there's a hot woman in front of us pulling a displeased face.

You need to be better than that, have standards and if someone steps out of line then they will know about it INSTANTLY. That's where your power lies and your future confidence, in a nutshell.

By no means does this mean you should EVER treat women or men badly. You should always take the high road and remain calm, unaffected and in control. If a hot woman is being nice to you then there's no way should be a cock back. You want her to be reasonable with you, you want to be reasonable with her.

As I said, more relationship related stuff but it has a very important role when it comes to your own confidence. Please, please, please don't ever forget that.

Doing it, Not Just Reading It

Sure you feel good about yourself now that you've read this but will you ever actually use it? Will you ever stop sitting at home reading this thinking "hell yes that's great" but in reality you never have the balls to step up and implement it practically.

Well that is not your fault because even though you now know how to become confident and the secrets of picking up women fast (the 4 principles) you still can't blame yourself for just reading this and never looking at it again.

You need direction e.g. "This week you will do X, Y and Z no less than 3 times". The Seduce In Seconds Online workshop will get you off your ass and into women. It will do it in an honest, fast and easy way.

That's why this guide is only 20 pages or so, most of which is designed to convince you to do this right. The real techniques for confidence and for picking up without words or just picking up really fast was explained quickly and simply.

If you read something by yourself in a calm environment you will remember it more than if you listened to it being read to you for 4 hours at a workshop or seminar.

If a guy tells you he'll show you how to pick up a woman and kiss her and leaves you sitting there watching him talk to her from afar and then he kisses her, what have you really learnt?

He'll come back and TELL you about it just like I TOLD you about Jung here but you don't really know how it went down. You can't really tell if she was "so fucking into me that I could have porked her over the bar whilst I high-fiving the barman".

You need hidden camera videos, hidden microphones and a guy who's willing to go out and film this shit for you until he gets girls nice enough to sign a waiver afterwards. If I get a really good video and the girl doesn't want to sign it I'll offer her \$200 so you can get the benefit of not having that clip go down the drain. Yes, I have paid some women to be in my videos but they were never actresses regardless of what the haters say. I've challenged every critic to come watch me do it, no one steps up.

Now it's your time to do the same. Step up and use what I've written for you because I personally need my own validation after spending years developing a lot of what was in these pages.

So I urge you strongly, don't just read this. Try it. Just please, try it and feel the confidence and see the results. You will be getting laid in no time.

Thank you for taking your time to read this, I hope it makes a real difference in your life (and stops you thinking that porn is a healthy substitute for women).

T

Founder

Seduce In Seconds

www.seduceinseconds.com

